

# NEWSLETTER

## TEEN PROGRAMMING

girls  
inc.

of Greater Atlanta



# SEPTEMBER 2024



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## TEEN DAY

### S.T.E.A.M. CLUB / EUREKA

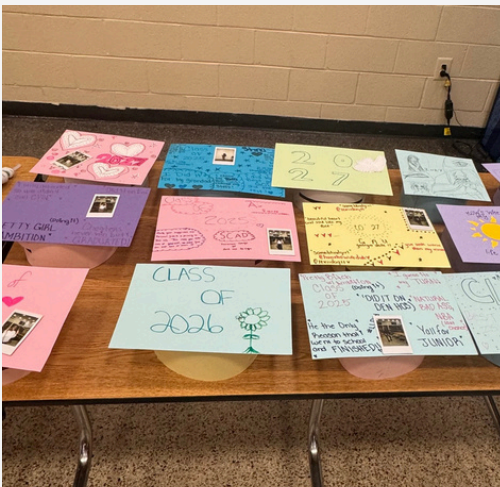


Using coding to make bracelets

For our back-to-school event, we hosted our first Teen Day! We gave teens and parents a chance to preview our curriculum, hear about upcoming events, and register for the school year.

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### P.R.E.P. / P.A.



Making Graduation Caps

### G.L.O.W.



Using leadership skills to build Legos

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If you have further questions, comments, or concerns about these programs, please contact Lea Christianna Nelson, Teen Program Manager at [lnelson@girlsincatl.org](mailto:lnelson@girlsincatl.org) or Victoria Walker, Teen Program Coordinator at [vwalker@girlsincatl.org](mailto:vwalker@girlsincatl.org).

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## SCHOOL BASED PROGRAMS

### DEKALB ALTERNATIVE SCHOOL

This month for DeKalb Alternative School, we were able to introduce ourselves to the girls we will be serving. Because their curriculum will focus on Girl Empowerment, they were able to decorate the journals they will be using for self-reflection.



### THERRELL HIGHSCHOOL

Our first few sessions with Therrell Highschool consisted of getting to know the girls we will be serving and introducing them to the curriculum they will follow: The Ideathon. They also decorated their self-reflection journals.

### COLUMBIA HIGHSCHOOL

We have officially entered Columbia High School! We have been meeting with staff and developing a plan that best meets their needs as a school. We created a curriculum that will inspire them and prepare them for their next steps in life.

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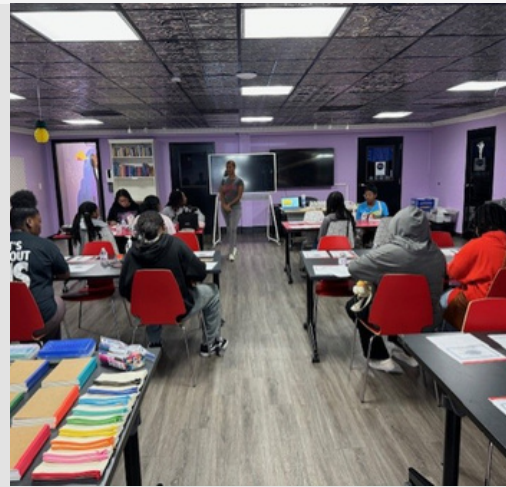
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## WEEKEND PROGRAMS

### PROFESSIONAL READINESS EXPERIENCE PROGRAM (P.R.E.P) / PROJECT ACCELERATE

During our weekend session for P.R.E.P. and Project Accelerate we were in a mixed session with G.L.O.W.. We focused on Self Care and ensuring that the girls kept their mental space and physical spaces clean and productive. We were also able to introduce the girls to Delta Zeta Psi sorority who will be helping us during our sessions.



### GIRLS LEADING OUR WORLD (G.L.O.W.)

Our first session with G.L.O.W. focused on introducing ourselves and creating a safe space. For the activities, the girls created period packs to keep in their backpacks while also learning the anatomy and reasons behind periods. We also discussed staying safe in their bedrooms and media literacy when scrolling through apps.

### SERVICE SATURDAYS

Service Saturday kicked off with an introduction session showing the girls easy meals they could make to potentially serve their community. This month focused on self-care so the women of Delta Zeta Psi gifted the girls totes packed with items needed for everyday upkeep.



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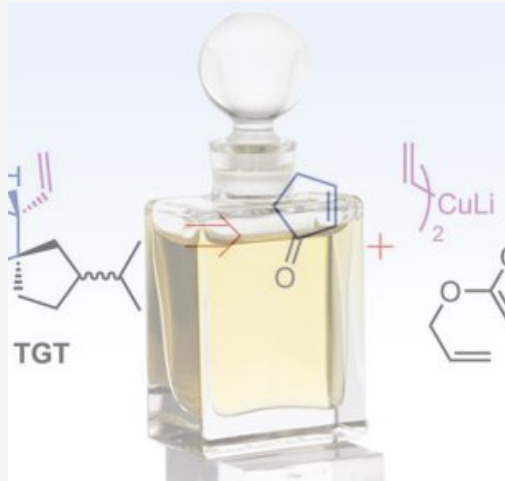
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## STEAM PROGRAMS

### S.T.E.A.M. CLUB

We kicked off our STEAM Club this year with a welcoming theme where kids enjoyed a variety of STEAM-themed games. They played Team Trivia and screen-free coding activities like Code a Friend and Robot Hopscotch. Teams worked together to engineer towers that protected stuffed animals from imaginary predators, fostering creativity and teamwork.



### EUREKA

We had a fantastic first meeting of the school year welcoming Cohorts 1 and 2 and their parents for a summer debrief. Cohort 1, soon starting 11th grade, was introduced to the exciting Project Accelerate Program. To cap off our session, we enjoyed a fun perfume lab where participants explored the chemistry of scent and created their own unique fragrances, blending science and creativity.

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If you have further questions, comments, or concerns about these programs, please contact Kate Sherrill, STEAM Manager at [KSherrill@Girlsincatl.org](mailto:KSherrill@Girlsincatl.org).

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## ALUMNAE ALERT

Welcome to the Alumnae Alert! This is a central hub for all alumnae updates.

### AMBASSADOR



Ashlyn Parrish, Girls Inc National Ambassador

Please join us in congratulating **Ashlyn Parrish** on becoming a **Girls Inc. National Ambassador!** Through her kindness, hard work, and resilience, Ashlyn has truly exemplified the spirit of leadership and empowerment that Girls Inc. stands for.

As a National Ambassador, Ashlyn will represent the voice of young women across the country. Advocating for issues that matter to girls and inspiring her peers to reach their full potential. Her dedication to her community and her passion for making a difference are qualities we can all admire.

### GIRLS INC. HOMECOMING

Girls Inc. of Greater Atlanta will soon be hosting it's first Homecoming Event! Please be on the lookout for an email from Lea Nelson, [LNelson@girlsincatl.org](mailto:LNelson@girlsincatl.org) for further details

### UPDATES

Calling All College Students! We would love to highlight all of your success and updates. Please share your stories about Post Grad so that we may put them here!

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